



April 13

- 8:00 a.m. **Aura Floting yoga**
La Escondida Pool
- 9:30 a.m. **Mind, body & Soul Functional Training with Giovana Araujo**
Nayade Terrace
- 11:00 a.m. **Aqua Spinning**
20° 87° Pool
- 11:00 a.m. to 1:00 p.m. **Aura Photo Experience**
Main Hallway
- 12:00 p.m. **Aquafitness**
20° 87° Pool
- 2:00 p.m. **Pilates Class by Raven Ross**
Esencia Wellness
- 4:00 p.m. **Aura Cooking Class with Regina López**
20°87° Terrace
- 5:00 p.m. **Aromatherapy Bracelets**
Esencia Wellness
- 6:00 p.m. **Shaman Blessing Experience**
Beach Area
- 7:00 p.m. **Aura Sunset Party**
Beach Area

April 14

- 9:00 a.m. **Meditation**
Esencia Wellness
- 10:00 a.m. **HIIT Workout with Giovana Araujo**
Nayade Terrace
- 11:00 a.m. **Pilates Class by Raven Ross**
Esencia Wellness
- 11:00 a.m. to 1:00 p.m. **Aura Photo Experience**
Main Hallway
- 12:00 p.m. **Full Body HIIT by Emma Troupe**
Nayade Terrace
- 1:00 p.m. **Pool Party**
20° 87° Pool
- 1:00 p.m. **Carve Class by KINRGY**
Esencia Wellness
- 3:00 p.m. **Beauty Bar Experience**
Esencia Wellness
- 4:00 p.m. **Aura Cooking Class with Regina López**
20°87° Terrace
- 5:30 p.m. **Aura Vibrations**
Esencia Wellness

April 15

- 8:00 a.m. **Aura Floting Yoga**
La Escondida Pool
- 9:00 a.m. **Cold Plunge Experience with Eugenia Muriel**
La Única
- 11:00 a.m. **Functional Movement with Karen Michelle**
Nayade Terrace
- 11:00 a.m. **Aqua Spinning**
20°87° Pool
- 11:00 a.m. to 1:00 p.m. **Aura Photo Experience**
Main Hallway
- 12:00 p.m. **Full Body HIIT with Emma Troupe**
Nayade Terrace
- 1:00 p.m. **My Skin Care by Natura Bissé**
Esencia Wellness
- 4:00 p.m. **Aura Cooking Class with Regina López**
20°87° Terrace
- 5:00 p.m. **Tribal Sound Bath**
Esencia Wellness

April 16

- 7:00 a.m. **Aura Flow Morning Yoga with Andrea Muriel**
Beach Area
- 9:00 a.m. **Functional Movement with Karen Michelle**
Nayade Terrace
- 10:00 a.m. **Morning Breathwork with Ben Smith**
Esencia Wellness
- 11:00 a.m. **Rhythm & Carve Class by KINRGY**
Costera Terrace
- 11:00 a.m. to 1:00 p.m. **Aura Photo Experience**
Main Hallway
- 12:00 p.m. **Mind, body & Soul Functional Training with Giovana Araujo**
Esencia Wellness
- 1:00 p.m. **Pool Party**
20°87° Pool
- 3:00 p.m. **My Skin Care by Natura Bissé**
Esencia Wellness
- 4:00 p.m. **Aura Cooking Class with Regina López**
20°87° Terrace
- 5:30 pm **Aura Vibrations**
Esencia Wellness

April 17

- 7:00 a.m. **Aura Flow Morning Yoga with Andrea Muriel**
Beach Area
- 9:00 a.m. **Cold Plunge Experience with Eugenia Muriel**
La Unica Pool
- 11:00 a.m. **HIIT Workout with Giovana Araujo**
Nayade Terrace
- 11:00 a.m. to 1:00 p.m. **Aura Photo Experience**
Main Hallway
- 12:00 p.m. **Aqua Fitness**
20° 87° Pool
- 1:00 p.m. **Aqua Spinning**
20° 87° Pool
- 2:00 p.m. **My Skin Care by Natura Bissé**
Esencia Wellness
- 4:00 p.m. **Aura Cooking Class with Regina López**
20°87° Terrace
- 5:30 p.m. **Body Oils Workshop**
Esencia Wellness

April 18

- 7:00 a.m. **Aura Flow Morning Yoga by KINRGY**
Beach Area
- 9:00 a.m. **Mind, body & Soul Functional Training with Giovana Araujo**
Nayade Terrace
- 10:00 a.m. **Morning Breathwork with Ben Smith**
Esencia Wellness
- 11:00 a.m. **Signature Method by KINRGY**
Nayade Terrace
- 11:00 a.m. to 1:00 p.m. **Aura Photo Experience**
Main Hallway
- 12:00 p.m. **Aquafitness**
20° 87° Pool
- 2:00 p.m. **My Skin Care by Natura Bissé**
Esencia Wellness
- 4:00 p.m. **Aura Cooking Class with Regina López**
20°87° Terrace
- 5:00 p.m. **Tribal Sound Bath**
Esencia Wellness

April 19

- 8:00 a.m. **Aura Floting yoga**
La Escondida Pool
- 9:00 a.m. **Functional Training**
Nayade Terrace
- 11:00 a.m. **Aqua Spinning**
20° 87° Pool
- 11:00 a.m. to 1:00 p.m. **Aura Photo Experience**
Main Hallway
- 12:00 p.m. **Silent Beats Spinning with Giovana Araujo**
Esencia Wellness
- 12:00 p.m. **Aquafitness**
20° 87° Pool
- 1:00 p.m. **Pool Party**
20° 87° Pool
- 3:00 p.m. **Beauty Bar Experience**
Esencia Wellness
- 4:00 p.m. **Aura Cooking Class with Regina López**
20° 87° Terrace
- 6:00 p.m. **Energy Bracelet Workshop**
Balam Bar

April 20

- 7:00 a.m. **Aura Flow Morning Yoga with Andrea Muriel**
Beach Area
- 9:00 a.m. **Breathwork & Meditation by KINRGY**
Esencia Wellness
- 10:00 a.m. **Mind, body & Soul Functional Trainin with Giovana Araujo**
Nayade Terrace
- 11:00 a.m. **Signature Method by KINRGY**
Nayade Terrace
- 11:00 a.m. to 1:00 p.m. **Aura Photo Experience**
Main Hallway
- 12:00 p.m. **Aquafitness**
20° 87° Pool
- 1:00 p.m. **Beauty Bar Experience**
Esencia Wellness
- 4:00 p.m. **Aura Vibrations**
Esencia Wellness
- 6:00 p.m. **Shaman Blessing Experience**
Beach Area
- 7:00 p.m. **Aura sunset Party**
Beach Area

Restore, refresh, and reset.

20° N 87° W

UNICO
Riviera Maya