

# ESENCIA

---

WELLNESS

## **SERVICE MENU**

---

### **HOME TREATMENTS**

SIGNATURE TREATMENTS

### **FACIAL CEREMONIES**

FACIALS MENU

### **WELLNESS MENU**

COMPLETE TREATMENTS

### **BODY TREATMENTS**

BODY WRAPS

### **COUPLE EXPERIENCES**

### **ADD ON'S**

**HYDROTHERMAL EXPERIENCE**

---

## SPA MENU

Our full-service spa caters to body, mind and spirit through a range of luxury spa treatments, UNICO 20°87° signature treatments, and locally-inspired beauty rituals

*Prices subject to change without notice. Services subject to space and availability. Prices charged in US dollars. A service fee of 25% will be applied to inclusions 20°87° purchases. Ask a Vacation Maker or Spa Receptionist for your special Legendary Member benefits*

### SIGNATURE TREATMENTS

#### ESENCIA

Combination of traditional massage movements that promote relaxation and detoxification of the body through soft movements, stimulating blood circulation that will stabilize the body's energy. Allow your senses to relax through your choice of custom nourishing floral and herbal fragrance oils for complete balance.

50 MIN \$280 USD / COUPLE \$610

80 MIN \$380 USD / COUPLE \$810

#### UNICO 20°87°

A massage that targets deep tissue muscles through a wide range of techniques using slow movements and selective pressure, the therapist relieves muscle tension, improves flexibility and range of motion, leaving you free from tensions and with an energetically balanced body.

80 MIN \$450 USD / COUPLE \$950

#### VOLCANIC STONES

Combine the healing properties of warm, smooth stones with reconstructive massage to relieve muscle pain, tension, and accumulated fatigue. The healing properties of this treatment will balance your mind, body and soul.

80 MIN \$450USD / COUPLE \$950

#### HARMONY



Renew your senses, connect your mind, body and spirit to keep them in balance and harmony with this Traditional Massage that combines five techniques such as Swedish, Hot Stones, Deep Tissue and Reflexology, mixed with aromatic Oils that will captivate your senses.

80 MIN \$450 USD / COUPLE \$950

---

## FACIAL CEREMONIES

### ANTI-AGE



Treatment with ultra-nourishing natural active ingredients and facial massages to return to the face youth, illuminate the skin and recover the definition and firmness of the facial oval.

50 MIN \$370 USD

### BOTANICAL

Treatment that strengthens and restores beauty to sensitive skin. Return vitality to your skin with an exclusive combination of botanical ingredients that fight micro-inflammation that causes premature aging, helping to prevent flaccidity.

50 MIN 370 USD

### DEEP HYDRATION

Give your skin maximum comfort with this hydration treatment that is loaded with vegetables and ingredients from the sea, a combination that works to repair, protect and prevent the signs of premature aging.

50 MIN \$370 USD

### ORGANIC RENEWAL



Iconic firming facial treatment, made with products that have a high content of regenerative and anti-aging active ingredients, which provide all the antioxidants and nutrients necessary to firm the skin and restore its elasticity.

80 MIN \$450 USD

### DETOXIFYING

Sophisticated deep cleansing treatment to extract impurities and toxins that manages to reveal pure, luminous, renewed skin.

80 MIN \$450 USD

### FOR MEN

Specially designed to care for, protect and preserve the youth of men's skin. Products that combine the precision of technology with the proven effectiveness of natural ingredients. Revitalizing, detoxifying, firming facial treatment, action against signs of aging, calming, refreshing and anti-fatigue.

80 MIN \$450 USD

## WELLNESS MENU

### 20°87 MINDFULNESS



Exclusive and extraordinary facial and body ritual that releases accumulated body tensions and restores all its luminosity and youth to the face. The perfect combination of exfoliation, wrap, relaxing body massage and antioxidant facial will allow you to always experience a new rebirth.

130 MIN \$ 650 USD

### LEGENDARY CITRUS

Fill the skin of your face and body with the intense firming hydration of vitamin C. The antioxidant ritual that begins with an exfoliating mandarin-based wrap, continues with a soufflé-textured body mask and a smoothing and antioxidant facial treatment, with vitamin C.

130 MIN \$650 USD

### BLUE AGAVE

Inspired by the Mexican tradition, this treatment focuses on the use of blue agave as an agent moisturizing, bathing the skin in vital antioxidants and anti-aging benefits. A ritual that offers extreme relaxation through massage, skin radiance through exfoliation and hydration with a body wrap. All this while enjoying a facial that illuminates and hydrates the skin.

130 MIN 650 USD

### ESENCIA SIGNATURE



A fantastic treatment carried out by two therapists who perform movements synchronized creating a four-hand massage choreography that will leave your skin incredibly soft and nourished. Personalize your product to design the ritual.

50 MIN \$ 420 USD

## BODY TREATMENTS

### SUNBURN WRAP

This essential treatment is designed to relieve discomfort caused by excessive sun exposure, cooling skin wrap that reduces redness and inflammation.

50 MIN \$320 USD

### MAYAN SCRUB

A refreshing exfoliation with stimulating movements made with natural ingredients like cocoa and aloe to leave your skin soft to the touch and absolutely luminous.

50 MIN \$320 USD

### PERFECT SILHOUETTE



Deep treatment specially designed to treat localized fat. With the combination of active ingredients and localized massage, obtaining anti-cellulite, draining, and remodeling benefits.

80 MIN \$450 USD

### BODY AND VEGAN WRAP



Body treatment designed to intensely firm tissues. A combination of body exfoliation with salts and essential oils, body wrap to recover the elasticity and firmness of the skin and a personalized massage. This treatment is ideal for disconnecting from routine and eliminating physical and mental tension in a relaxed and enveloping environment.

110 MIN \$ 500 USD

---

## COUPLES EXPERIENCES

### MAYAN ROMANCE

Facial and body treatment designed to smooth and renew the skin, beginning with an exfoliation that gently removes dead skin cells, followed by a body wrap and facial with anti-aging properties. This experience ends with a cacao oil massage that acts on tired muscles and induces a general feeling of relaxation.

170 MIN \$ 1800 USD  
40 MIN PRIVATE HIDROTHERAPY - 130 MIN CACAO RITUAL

### AGAVE RETREAT

Begin your journey with an energetic massage followed by a body scrub, wrap, and facial with Mexican herbal-inspired products to restore skin, mind, and body.

170 MIN \$ 1800 USD  
40 MIN PRIVATE HIDROTHERAPY - 130 MIN AGAVE RITUAL

### ROSES & DIAMONDS

With this luxurious, ultra-nourishing ritual you will get completely renewed and rejuvenated skin. In addition to a great feeling of calm and well-being thanks to the aroma-therapeutic properties of the Damascus Rose. It begins with a luxurious body polish that will leave the skin with a great radiance followed by a nourishing massage to eliminate fatigue and stress.

130 MIN \$1600 USD  
40 MIN PRIVATE HIDROTHERAPY - 30 MIN BODY POLISH – 60 MIN MASSAGE

### UNICO VEGAN RITUAL



Exfoliation of three different salts to awaken the skin and prepare it for a personalized massage made with oils designed to relax and de-contract according to the client's needs. Especially indicated for all those people who want to disconnect from the routine and eliminate physical and mental tension.

130 MIN \$1600 USD  
40 MIN PRIVATE HIDROTHERAPY – 30 MIN SALT SCRUB- 60 MIN MASSAGE

---

## ADD ON'S

### EYE AND LIPS TREATMENT

An effective and relaxing treatment to leave beautiful eyes that shine with youth.

Repair your lips with a mask and balm that will leave them softer and more beautiful.

25 MIN \$ 90 USD

### RELAXING LEGS TREATMENT

A relaxing beautifying treatment, that provides an immediate sensation of freshness, relieving leg tiredness and muscular fatigue

25 MIN \$ 90 USD

---

### HYDROTHERMAL EXPERIENCE

Find the stillness of your body, soul and mind, immersing yourself in an atmosphere of emotional healing, which together with the temperature contrasts will provide your body with an energizing shot of well-being. Let yourself be carried away by moments of deep relaxation and healing through the water.

**RELAXING HYDROTHERMAL EXPERIENCE 50 MIN \$60 USD**

**DELUXE HYDROTHERMAL EXPERIENCE 80 MIN \$120 USD**