

# ESENCIA

WELLNESS

SPA MENU





## **MENU OF SERVICES**

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**MASSAGE**

**BODY TREATMENTS**

**FACIALS**

**SIGNATURE RITUALS**

**ENHANCEMENTS**

**BEAUTY & STYLING**





## ESENCIA SPA MENU

Our spa services are designed to enrich body, mind, and spirit, with a curated selection of signature treatments inspired by the natural beauty of the surrounding region.

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### MASSAGE

#### ESENCIA SIGNATURE MESSAGE

50 MIN \$199 USD / COUPLES \$438 USD | 80 MIN \$240 USD / COUPLES \$520 USD

A combination of traditional massage techniques developed to promote relaxation and detoxification, using gentle movements that stimulate blood circulation and help to balance the body's energy.

#### AROMATHERAPY MESSAGE

50 MIN \$210 USD / COUPLES \$460 USD | 80 MIN \$250 USD / COUPLES \$540 USD

Traditional Swedish massage enhanced with a custom blend of aromatic oils crafted to renew the senses and connect mind, body and spirit.

**UNICO 20° 105° MESSAGE** 80 MIN \$398 USD / COUPLES \$836 USD

Designed to relieve deep muscle tension, improve flexibility, and increase range of motion by applying targeted pressure throughout a gentle whole-body massage.

**HOT STONE THERAPY MESSAGE** 80 MIN \$398 USD / COUPLES \$836 USD

This hot stone massage combines the healing properties of warm stones with gentle, intuitive movements.

Designed to help relieve muscle pain, tension, and fatigue, inspired by connection to the vital elements of nature and the area's stunning Sierra Madre mountains.

Prices applied in US dollars. Prices are subject to change without notice. Services are subject to availability. A service fee will be applied to treatments according to your contract or current promotion. All services require prior reservation. No refunds will be given if a guest does not show up for scheduled service; no-shows will be charged at full price. Changes or cancellations must be made at least 24 hours before the appointment.

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## BODY TREATMENTS

### **HOLISTIC SUNCARE WRAP** 50 MIN \$210 USD

Created to help regenerate and soothe the skin using botanicals including aloe vera, centella, and chamomile, finished with cold obsidian stones to reduce pain and inflammation.

### **NAYARIT SKIN CLEANSE & EXFOLIATION** 50 MIN \$210 USD

A refreshing exfoliation using natural local ingredients including agave leaf extract and coconut oil, helping to leave the skin soft and radiant.

### **RAINFOREST HARMONY** 80 MIN \$340 USD

Wellness personalized by you, using the oils, extracts, and aromas of your choice to renew the skin and relax the body.

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## FACIAL

### **DEFENSE & RENEWAL** 80 MIN \$350 USD

Promotes collagen production and enhances skin elasticity, smoothness, and firmness, resulting in a plumper and more radiant complexion.

### **DESIGNED FOR MEN** 80 MIN \$350 USD

Specially designed to protect and preserve the vitality of men's skin. A refreshing, cleansing, and firming facial treatment that helps to combat signs of aging.

### **DETOXIFICATION AND RENEWAL** 80 MIN \$350 USD

The deep-cleansing treatment is designed to draw out impurities and toxins, revealing pure, luminous, and renewed skin.

### **AGE-DEFYING** 50 MIN \$260 USD

A restorative facial massage using ultra-nourishing active ingredients that help to restore, renew and brighten the skin, returning definition and firmness to facial contours.

### **DEEP HYDRATION & RECOVERY** 50 MIN \$260 USD

An exclusive blend of organic botanicals, delicate aromas, and soft textures designed to combat microinflammation, a key factor in premature aging, helping to reveal visibly younger, healthier-looking skin.

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## SIGNATURE RITUALS

### **20° 105° SIGNATURE EXPERIENCE** 130 MIN \$599 USD

A holistic facial and body treatment designed to release accumulated tension and restore radiance to the skin's using a combination of exfoliation, body wrap, massage, and antioxidant facial.

### **WELLNESS MOMENTS** 130 MIN \$599 USD

An aromatic experience developed to enrich all the senses, with nourishing detoxifying benefits that help to soothe tired muscles and promote deep relaxation.

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## ENHANCEMENTS

### **LEG MASSAGE** 25 MIN \$75 USD

Restore your energy with this revitalizing leg and foot massage.

### **SCALP MASSAGE** 25 MIN \$75 USD

Release tension and unwind with this gentle scalp massage.

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• albergo  
• ludico  
• jacuzzi  
• relax  
• sauna



# ESENCIA BEAUTY SALON

A full-service, boutique beauty and styling lounge.

## EXPRESS HAIR & MAKE-UP

Updo \$95 USD

Make-Up \$95 USD.

## MANICURE & PEDICURE

Signature Manicure \$95 USD

Signature Pedicure \$105 USD

Add Gel Polish \$31 USD

Gel Polish Removal \$15 USD

Lasting Nail Tech Removal \$28 USD

## BRIDE SERVICES

Bridal Hair Trial \$120 USD

Bridal Make-Up Trial \$120 USD

Bridal Hair \$100 USD

Bridal Make-Up \$100 USD

Air Brush Make-Up \$110 USD

### HAIR

Woman's Cut \$150

Shampoo & Blow Dry \$120

Men's Cut \$110

### MANICURE & PEDICURE EXPRESS

Express Manicure \$85 USD

Express Pedicure \$95 USD

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